\$20 for 6 classes

Certified

Instructor

Virtual Online YOGA CLASSES

Township of McNab/Braeside

Slow Flow **Tuesday Mornings** 8am-9am

6 week session beginning Tuesday, May 11th

Yin **Thursday Evenings** 7:30pm-8:30pm

6 week session beginning Thursday, May 13th



Contact Janyne to register

Kelsey

MacIntosh

jfraser@mcnabbraeside.com (613)282-9506

www.mcnabbraeside.com

Ontario Trillium Foundation



Fondation Trillium de l'Ontario

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