## **PROCLAMATION**

I, Mayor Tom Peckett of the Township of McNab/Braeside do hereby proclaim the week of May 7 – May 13, 2018 as

## Children's Mental Health Week

WHEREAS: People in our community struggle with mental health issues and require mental health support, including children and youth;

AND WHEREAS: Everyone deserves to feel well, whatever their mental health experience;

AND WHEREAS: The Phoenix Centre for Children and Families provides effective and efficient services to infants, children, youth and families in Renfrew County;

AND WHEREAS: People of the Township of McNab/Braeside and nationwide show their support for Canadians struggling with their own mental health and recognize both the need for mental health support for children and youth as well as the importance of embracing their own self care practices;

AND WHEREAS: Children's Mental Health week brings awareness to the prevalence of mental health issues throughout childhood, the need for government support and funding for community mental health centres, as well as to recognize all those working in and around the kids mental health industry for their hard work and dedication.

THEREFORE BE IT RESOLVED THAT: I, Tom Peckett, Mayor of the Township of McNab/Braeside, do hereby proclaim the week of May 7 through to May 13, as Children's Mental Health Week, and urge all residents of the Township of McNab/Braeside to raise awareness about the issues of mental health, support, and resiliency, and to practice and embrace self-care.

Tom Peckett

Mayor, Township of McNab/Braeside