

January 2019

Recreation Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	1	2	3	4	5	6
7 Line Dancing 5:15pm MPS with Val Penno	8	9 Pickle ball 6:30pm MPS	10	11	12 JAG- Kick boxing 10:15am Yoga 11:30am	13
14 Line Dancing 5:15pm MPS with Val Penno	15 JAG- Hockey Skills Program 6:30pm	16 Pickle ball 6:30pm MPS	17	18	19 JAG- Kick Boxing 10:15am Yoga 11:30am JAG-Broom ball tournament	20 Lunar Eclipse Snow Shoe- Clay Bank Park 10pm
21 Line Dancing 5:15pm MPS With Val Penno	22 JAG- Hockey Skills Program 6:30pm	23 Pickle ball 6:30pm MPS	24	25	26 JAG- Kick Boxing 10:15am Yoga 11:30am	27
28 Line Dancing 5:15pm MPS With Val Penno	29 JAG- Hockey Skills Program 6:30pm	30 Pickle ball 6:30pm MPS	31			

Important February Dates

Feb 2- Braeside Winter Carnival
 Feb 8-10- Festival of Outdoor Rinks
 Feb 23- White Lake Winter Carnival

For information and questions please
 contact Recreation Programmer
 Scott Conroy at **613-623-5756 x232** or
sconroy@mcnabbraeside.com

JAG- John A Gillies Recreation Centre
MPS- McNab Public School