

# USING CANNABIS CAN CAUSE



## PHYSICAL EFFECTS INCLUDING:

Irritated respiratory tract, increased heart rate, decreased blood pressure, red eyes, and dry throat.

## MENTAL EFFECTS INCLUDING:

Poor memory, thinking difficulties, distorted perceptions (sights, sounds, time, touch), and drowsiness or restlessness.



## INCREASED RISK FOR EXPERIENCING:

Depression and anxiety disorders, and cannabis dependency.

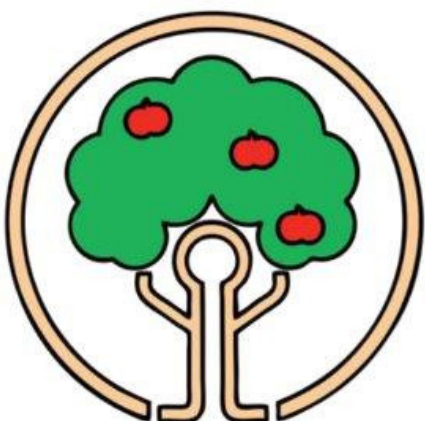
## REDUCED ABILITY TO DRIVE:

Cannabis impairs reaction time and your ability to concentrate on the road.



## INCREASED RISKS TO A NEWBORN BABY, INCLUDING BUT NOT LIMITED TO :

Low birth weight, reduced alertness and slower growth.



**Renfrew County and District Health Unit**  
"Optimal Health for All in Renfrew County and District"