

COMMUNITY UPDATE

The Grove Redevelopment

Arnprior Regional Health Foundation - Fall 2020



Ben Gardiner

Executive Director,
Arnprior Regional Health
Foundation

Dear Community Member,

I am proud to say Arnprior has been home my entire life and it is where my wife and I have chosen to raise our young family. When I had the opportunity to join the Arnprior Regional Health Foundation team, I did not hesitate. It is an honour for me to support our wonderful community, by ensuring you can *Come Home to Great Care*.

I have always understood the importance of having the Grove Nursing Home as part of our community. It is a space that our elderly loved ones, dear friends, and next-door neighbours can all count on for excellent, and compassionate care. The Grove is a place where residents can continue living in the comfort of the community they cherish—close to their loved ones.

I have been inspired by the Grove community and honoured to have the privilege of leading the *Come Home to Great Care* Campaign. I feel this even more strongly when I hear how residents, like Ron Dunslow, have found a home at the Grove, and what it will mean to welcome 60 per cent more local seniors to the new, state-of-the-art building next summer.



A COMMUNITY HE HAS ALWAYS LOVED

Ron moved to the area when he was only five years old and stayed for most of his life before moving down the road to the Grove Nursing Home, just over a year ago.

Ron has a wonderful sense of humour and finds perfect opportunities to land a witty comment or two. He is keen to share his stories about working as an Air Force technician and the different places and adventures he enjoyed during his career.

Ron reflects on how he loved spending time outdoors hunting and fishing in the area and how he chose to raise his own family here, too. In his new home, Ron continues to be surrounded by the great outdoors that has always been a part of this life. He keeps busy at the Grove, by joining in on games of mini golf and crokinole, and anything that includes sweets.



Since moving to the Grove, Ron has remained connected to his close-knit family: his wife Ruth, four adult children and their spouses, four grandchildren and two great grandchildren, who are nearby and visit regularly.

Ron moved into his new home just before the shovels were going into the ground to start the Grove Redevelopment Project. In August 2021, the new Grove doors will open, welcoming Ron and many residents of our community to a new state-of-the-art building. One that will carry forward the exceptional care and support we have come to count on year after year.

Ron's wife Ruth, echoed these sentiments: "We are all very thankful for the wonderful care these patients are getting through these difficult times. The new Grove looks great and with all the windows, it will be so much better for everyone who - like Ron - love the views. What a great addition to our wonderful town."

ENHANCING RESIDENTS' SAFETY THROUGH DESIGN

After the first wave of the COVID-19 pandemic, the Grove Redevelopment Team quickly identified time-sensitive design upgrades for the new Grove that will further minimize the impact of infectious diseases, like COVID-19.

The established building design groups individuals into three resident home areas, each comfortably accommodating 32 residents. These "neighbourhoods" serve as a means of minimizing the spread of infectious disease through the practice of cohorting.

The following new building upgrades will further increase the safety of all residents and staff to include:

- Portable negative air units that can be easily installed in a resident's room when needed (i.e. during an outbreak) without having to relocate the resident to a specialized room.
- Installing tracks and curtains in the living and activity rooms to better accommodate physical distancing measures and smaller cohorts, when needed.
- Upgraded finishes (i.e. countertops and handrails) to more robust materials that will better withstand stronger cleansers and disinfectants.
- Updating the carpet planned for the common areas to resilient flooring that will be easier to clean.
- Reduced air movement between residents' rooms by sealing electrical outlets.

The heart of the new Grove will be unchanged, with an incredible team of dedicated staff members providing residents with quality care, respect and dignity. Residents will continue to safely enjoy all the comforts of home in their day-to-day lives.

ENRICHING DAILY LIFE FOR PEOPLE WITH DEMENTIA

By August 2021, the Grove will be able to care for more of our aging loved ones right here in our community in a home designed to meet the current and future needs of residents living with dementia.

With a growing number of residents with dementia, important features were incorporated into the new home to better accommodate a safe and meaningful day-to-day experience.

This includes a floor plan that allows for continuous hallway loops with no dead ends. Similarly, the outdoor circular walking path in the courtyard helps prevent wandering for those with dementia. The newly redeveloped Grove will be a place for all to participate in safe physical activity and movement both indoors and out.

The team also carefully considered the optimal lighting needed for residents with dementia. The new home will have lighting that creates good contrast and minimizes glare, to make it safer and easier for individuals to navigate the space.

For too long, the region has not had enough long-term care for our seniors. There is an urgent need to increase capacity in order to meet the growing demands for high-quality care in a modern, senior-friendly home that is designed and equipped to meet the unique and changing needs of our aging residents.



HELP US TRANSFORM THE LIVES OF MORE SENIORS

The new Grove has been designed to match the exceptional and compassionate care already delivered by the team through a building that welcomes residents home to a fresh, bright, community-style of living, with design features to enrich their lives and enhance their safety.

We are in the home stretch of our fundraising activities as the construction of the new Grove progresses on schedule to welcome home Ron and his fellow residents. I want to express my deepest gratitude to our generous community for bringing us within reach of our *Come Home to Great Care* Campaign goal of five million dollars.

We are very close to delivering the much-needed expansion and leading care for our seniors. Your community-focused donation today can bring us even closer to opening the new Grove doors to welcome home our seniors.

Kind regards,

Frederick E. Jones

Ben Gardiner

Executive Director,

Arnprior Regional Health Foundation

P.S. There are many ways you can be involved in the success of the Grove Redevelopment. Please consider how your gift will impact and enhance resident and staff health and safety.

With your help we can do this!

Will you help ensure more residents like Ron can *Come home to Great Care?*

YES! ☒ I want to help keep Great Care Close to Home by donating today!

PLEASE ACCEPT MY GIFT OF:

☐ \$100 ☐ \$75 ☐ \$50 ☐ \$25 I prefer to give \$ _____

PAYMENT METHOD ☐ Cheque

☐ ONE-TIME ☐ MONTHLY

My cheque to the **Arnprior Regional Health Foundation** is enclosed.

☐ **I prefer to donate by credit card.** Please bill my: ☐ **Visa** ☐ **MasterCard** ☐ **American Express**

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